

Take the Lead on AIDS



Increasing Awareness

Help people learn more about HIV and AIDS, including prevention, treatment, care, and support, as well as the stigma and discrimination that occurs in different settings, including your school and community.

For example:

- Hold a forum and discuss issues and articles in the news
- Invite a guest speaker
- Create and perform a drama piece
- Hold a poster competition
- Write letters to the editors of newspapers

Changing Your School

Advocate for changes at your school that can help address HIV and AIDS.

For example:

- Work for the provision of health services and modern HIV and AIDS education at your school
- Address stigma and discrimination through supporting the admission to the school of learners and the hiring of teachers and other staff who are living with or affected by HIV, and treating them fairly thereafter

Protecting Yourself

Protect yourself and others in your life

For example:

- Protect yourself and others from HIV, other STIs, and pregnancy by abstaining from sex or by using safer sex options
- Protect yourself from HIV by using universal precautions, such as gloves, when coming into contact with bodily fluids, such as blood
- Live free of stigma and discrimination towards others and yourself, and interact well with others

Getting Involved in your Community

Help people living with or affected by HIV and AIDS by volunteering at a hospital, health clinic, home-based care programme, AIDS service organisation, or AIDS action group.

For example:

- Provide home care and support for people living with AIDS
- Provide care, support, and schoolwork help to orphans or children with sick parents
- Raise funds for or donate food or clothing to HIV- and AIDS-related organisations

Demanding Global Action

Convince politicians to take action to provide more and better HIV and AIDS prevention, treatment, care, and support services and to deal with stigma and discrimination.

For example:

- Attend or organise a rally
- Write to or meet with politicians

For World AIDS Day, Education International (EI) in collaboration with Education Development Center, Inc. (EDC), has designed an Activity Kit to be used globally by teachers with their colleagues and learners on December 1 in schools, classrooms, anti-AIDS clubs, and union meetings.

The Activity Kit includes a succinct introduction and background information to help teachers facilitate the 'One Hour on AIDS' activity together with this poster which can be hung on the wall and referred to throughout the year. The objective of the Activity Kit is to sensitise teachers and learners to the pandemic and encourage them to join the response.

The Kit can be downloaded on the EI Website www.ei-ie.org/ef aids/ - For more information please contact ef aids@ei-ie.org



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